



HERITAGE

VEINS & AESTHETICS

transformative patient care

HydraFacial is the only hydradermabrasion procedure that combines cleansing, extraction and hydration simultaneously, resulting in clearer, more beautiful skin with little to no downtime. The perfect procedure before a special event for beautiful glowing skin or as a regular treatment done every 1-2 months to reveal the best skin of your life!

HYDRAFACIAL PRE-PROCEDURE INSTRUCTIONS

1. You may want to stop any retinoid creams for 72 hours prior to your HydraFacial.
2. Avoid aggressive exfoliation, waxing and products containing acids in the treatment area for two weeks pretreatment.
3. Wear loose comfortable clothes for the ultimate relaxing spa experience.

HYDRAFACIAL POST- PROCEDURE INSTRUCTIONS

Adherence to the Post Procedure Care Instructions will help to minimize any possible adverse effects.

1. Your skin may experience temporary irritation, tightness or redness. These are all normal reactions that typically resolve within 72 hours depending on skin sensitivity.
2. You may experience tingling and stinging during the treatment. These sensations should not be uncomfortable and should subside within three hours of treatment.
3. Use a clean mask after your treatment to avoid contaminating your freshly cleaned skin.
4. Avoid direct sun exposure for two weeks and use a minimum SPF 30 sunscreen containing Zinc Oxide when you are out in the sun. The treatment area is more susceptible to sunburn, sun damage and hyperpigmentation in the period following a HydraFacial.
5. You can resume the use of retinoids 5 days after your HydraFacial.
6. Avoid aggressive exfoliation, waxing and products containing acids in the treatment area for two weeks post treatment.
7. Change your pillowcase before you go to bed the first night after your HydraFacial.
8. If you have any questions you should contact the office.

Client Signature: _____ Date: _____