



HERITAGE

VEINS & AESTHETICS

transformative patient care

TATTOO REMOVAL is a non-invasive laser treatment that helps to fade or remove tattoos. The success of this procedure depends on a number of factors such as age of the tattoo, ink color(s) and location of the tattoo. Some tattoos cannot be removed completely but the appearance will be significantly lightened with laser treatments. The number of treatments required varies but 3-5 treatments is typical.

LASER TATTOO REMOVAL PRE-PROCEDURE INSTRUCTIONS

1. Wear loose comfortable clothing that won't rub against the treatment area. The treatment area will be sensitive for a couple of days and you don't want to cause any irritation.
2. Make sure that the treatment area is clean. If the area is very hairy, please shave for optimal results.
3. Have non-stick bandages and an ointment like Aquaphor at home. You will keep the area bandaged for three days and you will need a fresh bandage for each day.
4. If you smoke it is best to stop smoking up to four weeks prior to treatment. Smoking causes decreased oxygen and blood flow and can impede healing.
5. Avoid direct sunlight. Apply SPF 30 sunscreen with Zinc Oxide over the treatment area for four weeks. Sunlight can cause burns and scarring in the treatment area.

LASER TATTOO REMOVAL POST- PROCEDURE INSTRUCTIONS

Adherence to the Post Procedure Care Instructions will help to minimize any possible adverse effects.

1. Blisters, crusts and scabs are normal and will develop 8 – 72 hours after treatment.
2. Apply Neosporin to the affected area three times a day for the first three days. Also keep the area bandaged. Use a clean bandage each day.
3. After three days, leave the treatment area open to the air. This will help heal and dry out the area in preparation for your next treatment.
4. If the area scabs over, do NOT pick at the scab. This could cause scarring.
5. Do not worry if you have blisters in the treatment area. They will normally disappear by 4-6 days after treatment.
6. If you are having discomfort in the treatment area you can take Tylenol or apply ice for 20 minutes each hour for the first 24 hours after treatment.
7. Wear SPF 30 with Zinc Oxide if you are in the sun for the entire treatment period and 3 months after treatments are finished.
8. Do not swim, take a bath, go in a sauna or hot tub until all scabs and blisters are completely healed.
9. If you have severe blistering or pain beyond what we have described as normal, please contact us. Also call if you have any sign of infection after the procedure.

Client Signature: _____ Date: _____